

MANDATED HEALTH SERVICES SCREENING

Health Services	Grade Levels												
	K	1	2	3	4	5	6	7	8	9	10	11	12
Physical Exams	*	*					X					X	
Dental Exams	*	*		X				X					
Height and Weight	X	X	X	X	X	X	X	X	X	X	X	X	X
Hearing Tests	X	X	X	X				X				X	
Vision Tests	X	X	X	X	X	X	X	X	X	X	X	X	X
Scoliosis							X	X					
Hyperopia (suggested first or second)			X					X					
Dvorine Color Discrimination			X										
Random Dot "E"		X											

- Done at either grade level Kindergarten or first.

Every child of school age attending a public or private/nonpublic school within the Commonwealth must receive the following mandated services:

- Physical and dental examinations at specific grade levels,
- Annual growth screening which includes height, weight and Body Mass Index (BMI)
- Annual vision screening which includes screening for distance and near vision, excessive farsightedness, color vision and binocularity and strabismus.
- Scoliosis screening
- Hearing screening

Parents will be mailed a referral if their child fails the vision, hearing, or scoliosis screening. Parents will annually receive a letter with the results of their child’s vision and growth screening.

Growth Screening – Every year your child’s height and weight are measure and their Body Mass Index (BMI) for Age percentile is calculated. BMI is a measurement that helps determine whether a child’s weight is appropriate for his/her height. BMI is a standard requested by the Center for Disease Control and Prevention (CDC) as a guideline to help assess whether a person may be overweight or underweight. Many factors, including sports participation or family history, can influence height and weight in children and adolescents. **A BMI should be considered a screening tool. This indicator does have limitations and in not a definitive measure of overweight and obesity.** Your child’s health care provider is the best person to evaluate whether or not his/her measurements are within a healthy range. Please share the screening results with your health care provider, who may suggest changes in eating or physical activity or may have suggestions on how the school can be of assistance.

Addition information can be found about BMI for children and adolescents at

http://www.cdc.gov/healthyweight/assessing/bmi/childrens_bmi/about_childrens_bmi.html